

Tell us your views... about Outings and Trips

Guideposts wants people with learning disabilities to have more opportunities to go on outings and trips.

Do you enjoy going on outings and trips? Do you want to go on more? We want to help.

First we need to find out a few things.

If you have a learning disability, or if you care for someone who does, please help us by answering these questions.

If you need to complete the questionnaire on paper instead of online, [download and print this pdf copy](#).

* Indicates required question

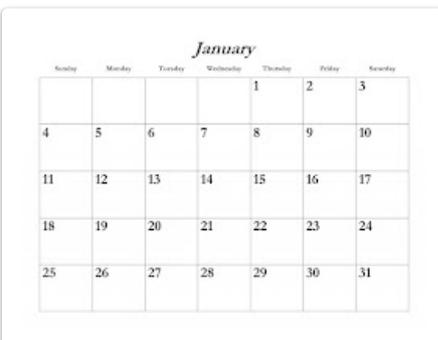
1. When did you last go on a day trip?



Mark only one oval.



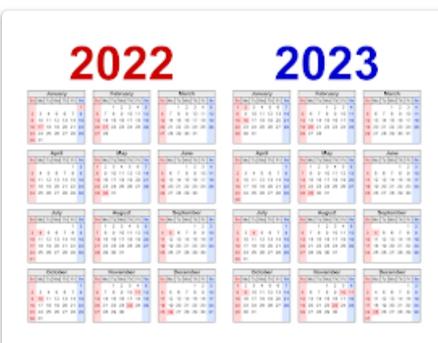
in the last week



in the last month



in the last year



over a year ago

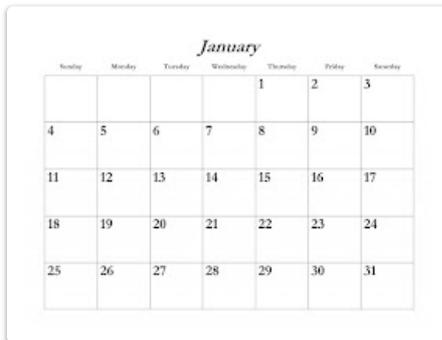
2. When did you last go on a holiday?



Mark only one oval.



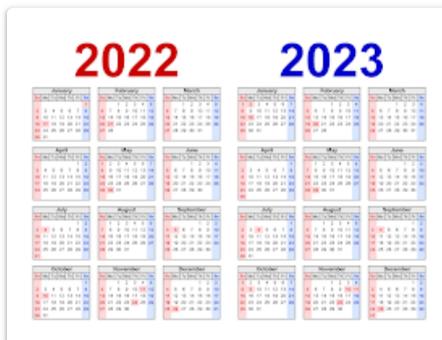
in the last week



in the last month



in the last year

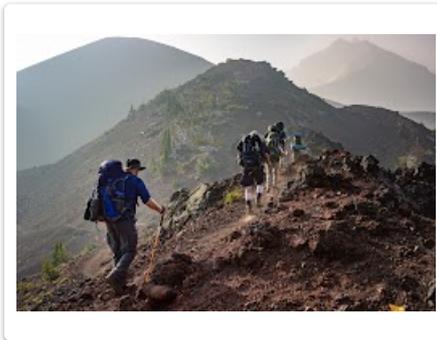


over a year ago

3. Have you ever:

Select all that apply

Tick all that apply.



Climbed a mountain



Been to an arcade



Been to a beach



Been to a theatre or concert



Been on a roller coaster



Been to a night club



Been to a music festival



Been camping/caravanning



Been to a museum



Gone abroad



Gone on an overnight trip in the UK



Gone on a trip without family/carers



Caught a bus by yourself



Caught a train by yourself



Been on a plane



Been on a boat



Been to a Christmas market



Been to a holiday camp (eg Butlin's or Center Parcs)



Been to a sporting event



Been on a steam train



Been bowling



Been to a farm, zoo, wildlife park, or aquarium

4. What do you like about day trips and holidays?

Tick all that apply.



They help me feel independent



They give my family/carer respite



I can relax



I can meet new people

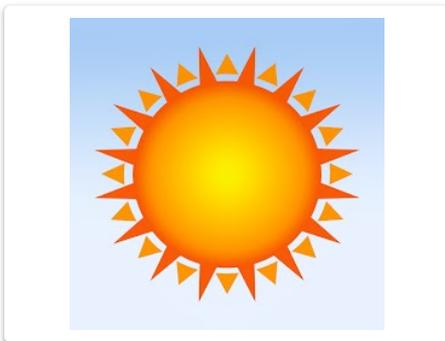


I can see new places and try new things



A change of scenery and being away from home

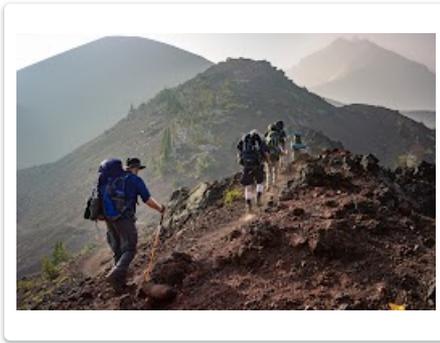
Other: _____



The sunny weather

5. Choose your five favourite activities to do when on a holiday or day trip:

Tick all that apply.



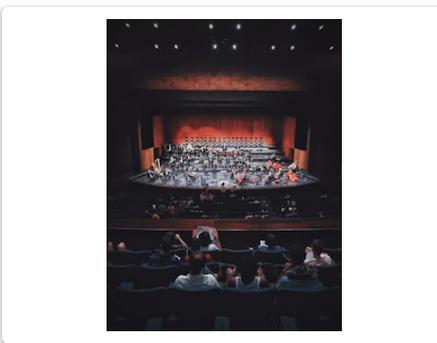
Climbing a mountain



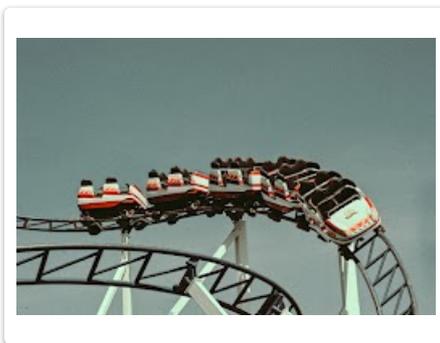
Arcades



Beaches



Theatres or concerts



Fairgrounds



Night clubs



Music festivals



Camping/caravanning



Museums



Catching a bus



Catching a train



Going on a plane



Going on a boat



Christmas markets



Holiday camp (eg Butlin's or Center Parcs)



Sporting events



Going on a steam train



Bowling

Other: _____



Going to a farm, zoo, wildlife park, or aquarium

6. What would like to do in the future that you haven't done already?

Write up to 5 things:

7. What makes going on day trips and holidays difficult for you? (Select all that apply)

Tick all that apply.



Holidays are expensive for me



Carers are expensive for me



Finding an accessible place to stay



Anxiety/feeling unsafe



Having sensory needs



Finding a friend or relative to go with



Fear of discrimination



Health concerns

Other: _____

8. Do you need someone to care for you or support you whilst on a holiday?

Mark only one oval.



Yes



No

9. What would make holidays easier for you?

Select all that apply



Tick all that apply.

- Enforced standards of accessibility for accommodation providers
- More accessible public transport
- More financial support
- Better public awareness of sensory needs
- More availability of respite carers
- More supported organised group holidays for people with disabilities
- More practical support with booking a holiday
- Other: _____

10. Would you like to tell us anything else about day trips and holidays?

11. The next few questions ask you about yourself. If you don't want to answer any of the questions please select "Prefer not to say".

How old are you?



Mark only one oval.

- Under 18
- 18-34
- 35-49
- 50-69
- 70+
- Prefer not to say

12. Are you:

Mark only one oval.



Male



Female



Other (please state)

Prefer not to say

- Derbyshire
- Devon
- Dorset
- Durham
- Essex
- Gloucestershire
- Greater London
- Hampshire
- Herefordshire
- Hertfordshire
- Isle of Wight
- Kent
- Lancashire
- Leicestershire
- Lincolnshire
- Merseyside
- Norfolk
- Northamptonshire
- Northumberland
- Nottinghamshire
- Oxfordshire
- Shropshire
- Somerset
- Staffordshire
- Suffolk
- Surrey
- Tyne and Ware
- Warwickshire
- West Midlands
- Wiltshire
- Worcestershire
- Yorkshire
- None of these
- Prefer not to say

14. Do you live with any of these conditions?*



Select all that apply

Tick all that apply.

- Learning disability
- Autism
- Asperger's
- Mental health condition
- Dementia
- Sensory issues
- I am a carer for someone with these conditions
- None of these
- Other: _____

15. Have you heard of these services from Guideposts?



Select all that apply

Tick all that apply.

- Better Connected Magazine
- Better Connected Groups
- Friendship 4 All
- The Albion
- Cross Street Hub
- Dig n Grow
- GLADS
- Stroud Hub
- Mates n Dates
- CONNECT
- CONNECT at Home
- Henry Smith House
- Guideposts Community Mental Health Services
- Events- FestivALL
- Events- Guideposts Ball
- I haven't heard of any of these

16. Who do you live with?

Mark only one oval.



On my own



With my family



With friends or housemates
(not supported living)



In supported living



With a live-in carer

Prefer not to say

Other: _____

17. Would you be happy for us to contact you to talk about your answers?

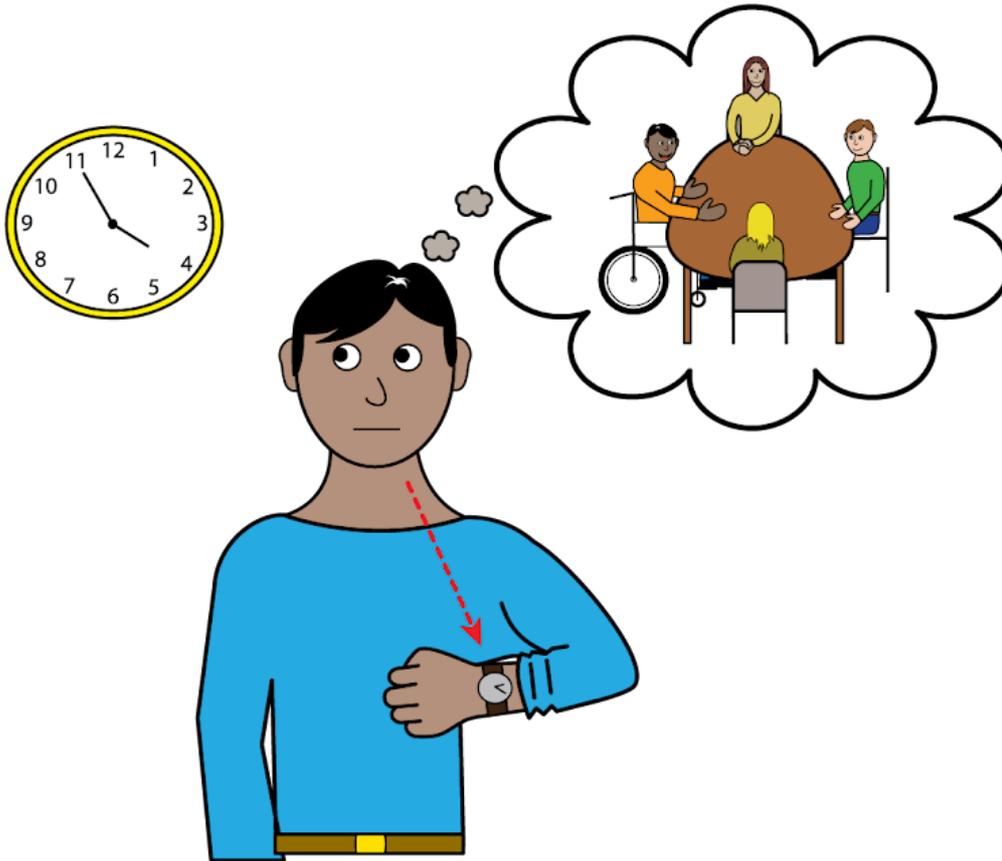


Mark only one oval.

Yes

No

18. Would you like to hear about future events from Guideposts?



Mark only one oval.

Yes

No

19. If you'd like to hear from us please tell us your name, and email address or phone number.

name:

20. email address:

21. phone number:

Thank you for answering our questions.

To find out more about the trips we are organising, you can visit this website page:

<https://guideposts.org.uk/never-seen-never-been/trips/>.

If you would like to get in touch with us please contact fundraising@guideposts.org.uk

www.guideposts.org.uk

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