## FRIENDSHIP 4 ALL ACTIVITIES PROGRAMME Guideposts



Monday	Tuesday	Wednesday	Thursday	Friday
St Albans Art Group 2pm-3.30pm	St Albans Fit for Fun Fortnightly, 6pm-8pm	Stevenage Wonderful Wednesday Social Group 10am-12pm	St Albans Walking Group Fortnightly, 11am-1pm Location varies	Harpenden Art Group 10am-12.30pm
North Hertfordshire Friendship Group 3pm-5.30pm Location varies	East Hertfordshire Friendship Group 1 Fortnightly, 4pm-9pm Location varies	Awaiting Launch  Letchworth Friendship  Lunch Club	Stevenage Friendship Breakfast Club 10am-12pm	Ware Fun Fab Friday Fortnightly, 5.30pm-9pm Guideposts Hub
2pm-4.30pm	East Hertfordshire Friendship Group 2 Fortnightly, 4-9pm Location varies	1.30pm-4pm  East Hertfordshire Friendship Snooker: Hertford	North Herts Walking Group 1pm-3pm Location dependent on route	
	Welwyn & Hatfield Friendship Group	Fortnightly, 2pm-4pm  Welwyn Friendship Group	Friendship Group  Hertford & Ware  40m-90m	
	4pm-9pm Location varies	Fortnightly, 4pm-9pm Location varies		Weekends
	St Albans & Harpenden Friendship Club Monthly, 6pm-10pm Location varies	Cheshunt Friendship Group Fortnightly, 4pm-9pm Location varies	Hoddesdon, Welwyn & Hatfield Friendship Group 4pm-9pm Location varies	Events and trips Half and full day Location varies 4-6 weeks